



Chocolate & Coconut Chia Pudding

Serves 2

4 tbsp. chia seeds
1 cup (240ml) almond milk
4 tbsp. coconut yogurt
2 tbsp. agave syrup
2 tbsp. cocoa powder

To serve:

2 tbsp. coconut yogurt
1 tbsp. cocoa nibs, or dark chocolate

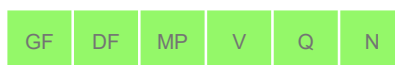
What you need to do

In a bowl, combine the chia seeds, milk, yogurt, syrup and cocoa powder, mixing well.

Leave in the fridge for 10 minutes to thicken, stirring once half-way through.

Once thick, transfer into serving glasses or bowls and top with 1 tablespoon of coconut yogurt and a sprinkle of cocoa nibs or chocolate.

Tip: If leaving in the fridge overnight, add an extra splash of milk.



Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
15 mins	0 min	313	17	35	7

*Nutrition per serve

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