



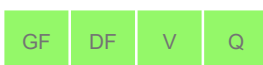
Mango Matcha Protein Shake

Serves 1

1 banana
1 kiwi, peeled
1 tsp. matcha powder
1 cup (240ml) almond milk,
unsweetened
½ avocado
1 cup (165g) mango, frozen
1 scoop (25) vanilla vegan
protein powder

What you need to do

Place all ingredients into a high-speed blender and blitz until smooth. Pour into a glass and serve immediately.



Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
5 mins	0 min	246	9	31	14

*Nutrition per serve

myfitnesspal



06520298