



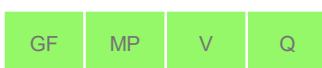
Quinoa & Beetroot Salad

Serves 4

2 cups (370g) cooked quinoa
7 oz. (200g) feta cheese, cubed
2 medium beets, cooked, cubed
1 cup (165g) chickpeas, drained
1 lemon, zest and juice
2 tbsp. olive oil
salt & pepper

What you need to do

1. Combine the cooked quinoa, feta cheese, beetroot and chickpeas in a medium sized bowl. Drizzle with olive oil, lemon juice and add in the finely grated lemon zest.
2. Season to taste with salt and pepper and mix well to combine. Divide between 4 plates and serve immediately.



Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
10 mins	0 mins	395	21	38	16

*Nutrition per serving

