



Southwest Chicken Salad

Serves 4

What you need to do

For the salad:

1 lb. (450g) cooked, shredded chicken breast
1 cup (150g) sweet corn, canned
1 cup (170g) black beans, canned, drained, rinsed
1 small red onion, diced
¼ cup (4g) coriander, chopped
1 red bell pepper, diced

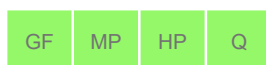
For the dressing:

½ cup (120g) Greek yogurt
1 lime, juiced
½ tsp. ground cumin
½ tsp. chilli powder
¼ tsp. salt
2 tsp. sriracha

Place the shredded chicken, sweet corn, black beans, red onion, fresh coriander, and red pepper into a large bowl. Mix and set aside.

Make the dressing by mixing all the dressing ingredients in a cup.

Add dressing to the salad and mix until well combined.



Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
15 mins	0 min	311	5	25	43

*Nutrition per serve

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