

Spicy Tuna

Serves 2

4 oz. (115g) sashimi tuna

1 ½ tbsp. sriracha sauce

2 onions, sliced

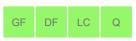
1 tsp. sesame seeds

1 tsp. sesame oil

What you need to do

- 1. Cut the tuna into small cubes and place in a bowl. Slice the spring onions, keeping the white and green parts separate.
- 2. Add the sriracha sauce, white parts of the onion and sesame oil to the tuna. Mix until well combined.
- 3. Transfer the tuna into a serving bowl, garnish with the green parts of the onion and serve.

Serving suggestion: steamed white rice



Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
15 mins	0 mins	108	3	4	15

^{*}Nutrition per serving



