

Tahini Protein Energy Balls

Serves 24

2 cups (180g) rolled oats

1 cup tahini

4 tbsp. honey

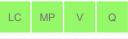
2 scoops (64g) vanilla protein powder

2 tbsp. mini chocolate chips

What you need to do

- 1. Place the rolled oats, tahini, honey, protein powder and chocolate chips in a large bowl and stir to combine to form a dough.
- 2. Once combined, use a large tablespoon of the dough and form into balls.
- 3. Store in a covered container in the fridge for up to 2 weeks. Alternatively place in a container and freeze for up to 3 months.





Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
10 mins	0 mins	115	6	11	5

^{*}Nutrition per serving

