



Tossed Green Salad with Honey Mustard Dressing

Serves 6

What you need to do

10.6 oz. (300g) mixed greens
1 small red onion, sliced
4 baby cucumbers, sliced
6 tbsp. walnuts, chopped

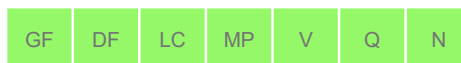
Mix the dressing ingredients in a jar, cover, and shake.

Combine the mixed greens, red onion, cucumbers, and walnuts in a large bowl. Pour over the dressing just before serving.

Dressing:

4 tbsp. Dijon mustard
4 tbsp. honey
4 tbsp. apple cider vinegar
1 tsp. salt
¼ tsp. black pepper
4 tbsp. olive oil

Serving Suggestion: Breakfast Turkey Sausage Patties or Mediterranean Spinach & Feta Stuffed Chicken



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Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)	Fibre(g)
15 mins	0 min	204	14	17	3	1